



INTERNATIONAL BOBSLEIGH & SKELETON FEDERATION

Medical License Approval Document

“Fit to slide”

This document must be completed by a medical doctor and handed over to the Jury President before the 1st Team captain’s Meeting or the next training!

This is a one page document which should be given to the athlete.

Advice regarding the testing of the athlete is to be found below.

I hereby certify that

is fit to Slide for the period of time starting (dd.mm.yy)

until (dd.mm.yy)..... / end of season.....

Date

Physicians Name, speciality and contact details

(printed not hand written or stamp)



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Advice to physician completing a Medical License Approval Document

This examination is to determine the ability of this athlete to participate in a safe and efficient manner in the sports of bobsleigh and skeleton.

The physician should check that the athlete has:

- Normal locomotor function
 - Normal ECG, pulse, blood pressure and heart sounds
 - Normal vision and normal visual fields
 - Normal neurological function
 - No history of epilepsy or syncope
 - No history of repeated or prolonged concussion episodes
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- In case of status following concussion symptoms, use of assessment tools is recommended, e.g. SCAT3 questionnaire

If the above findings are normal, please fill out the Medical Licence Approval Document.